hat is pelvic pain?

What causes pelvic pain?

What is pelvic pain?

Image size: 352 x 352 View size: 821 x 821 WL: 876 WW: 2102 662087 (26 y, 26 y) MRA TWIST - MRA TWIST 1188147

Where are the gonadal veins?

How do veins "break"?

 Zoom: 192%
 Angle: 0
 TE: 1.1 TR: 2.9

 Im: 1/18
 F8: 1.5

 UPEGLossless:Non-hierarchical-1stOrder/Prediction
 12/14/12 8:36:52 AM1

 Thickness: 130:00 mm Location: 33:60 mm
 Im: 1

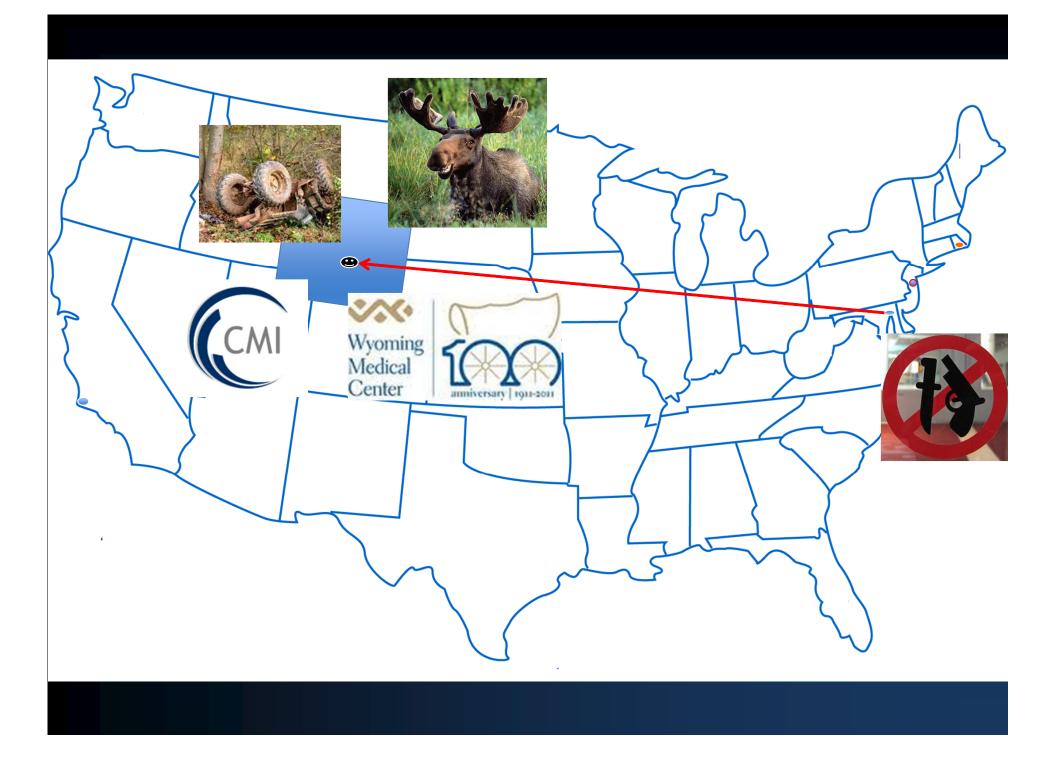
Who has pelvic prain?

TE: 0.9 TR: 2.6 FS: 3 12/4/13 1:08:32 PM Made In OsiriX

Who treats broken veins?

TE: 0.9 TR: 2.6 FS: 3 1/6/14 4:03:05 PM Made In OsinX





Pelvic Venous Insufficiency

Charles W. Bowkley III, M.D. Neuro, Body, and Vascular Interventional Radiology

Frontiers 2014



Pelvic Venous Insufficiency

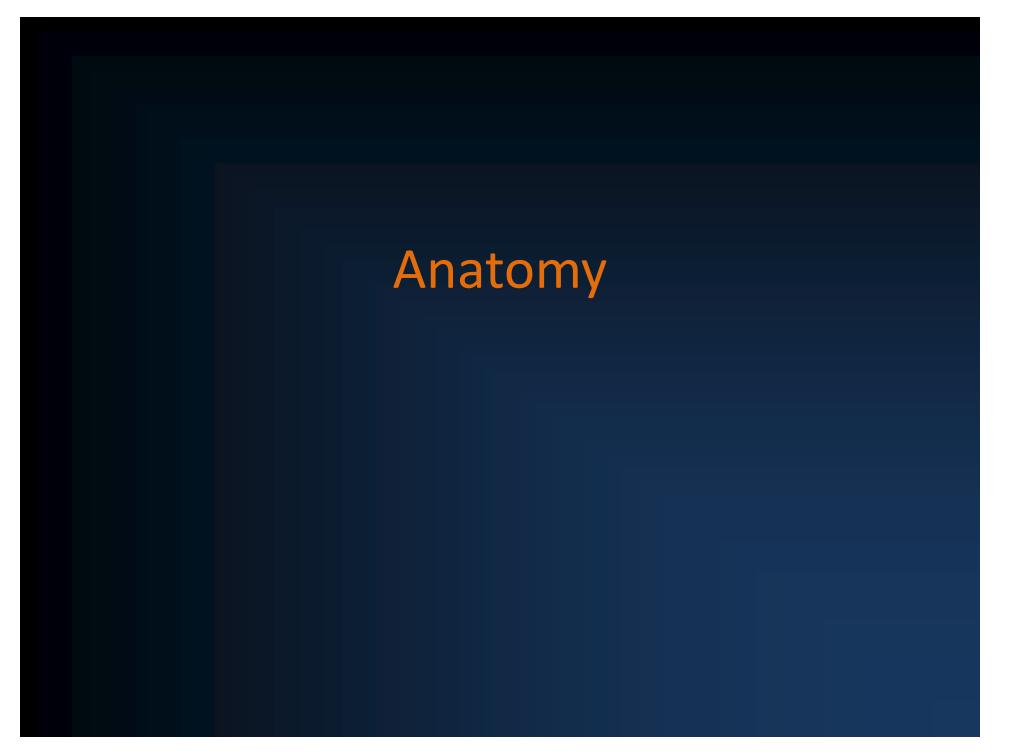
Understand the Anatomy Understand the Pathophysiology Understand the Imaging Understand the Treatment

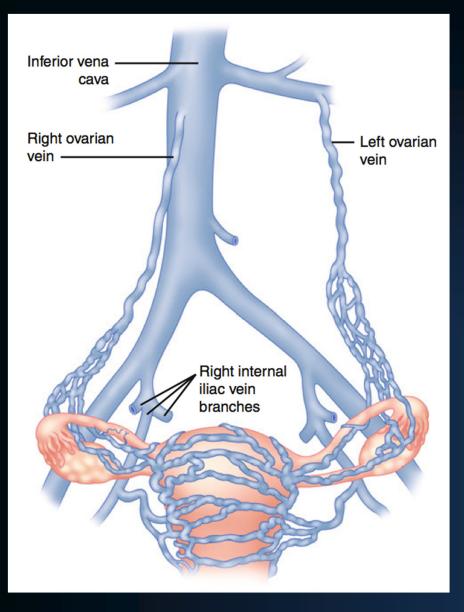


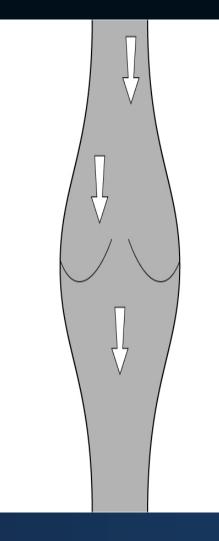
Definitions

Gonadal Venous Insufficiency Incompetent venous valves leading to reflux

Chronic Pelvic Pain Non-Cyclic Pain > 6 Months Accounts for up to 40% of all Gyn visits



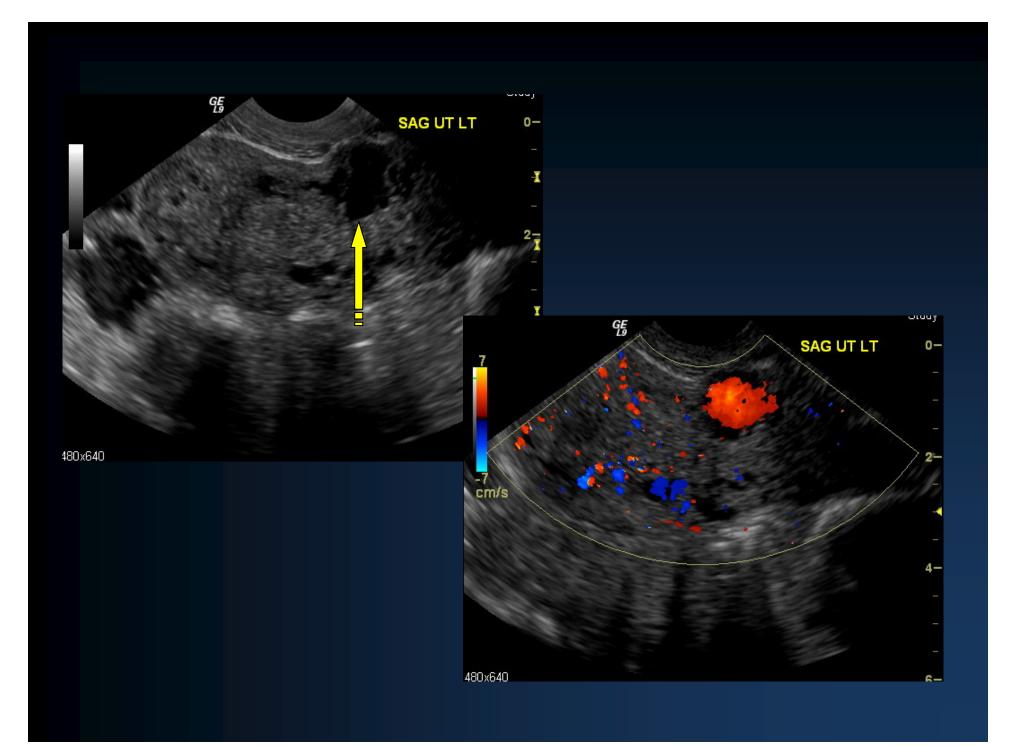


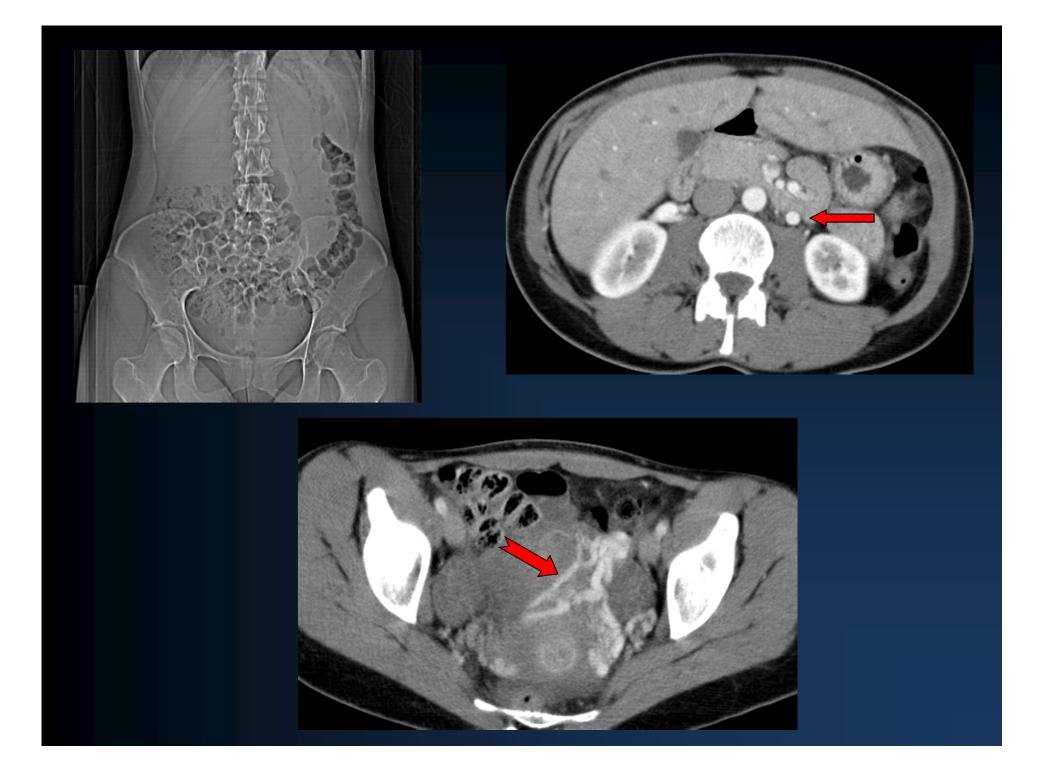


Clinical Vignette

29 year old female with chronic pelvic pain

- No significant past medical history
- Pain increased with standing for long periods
- Pain is severe following intercourse
- Mild urinary urgency

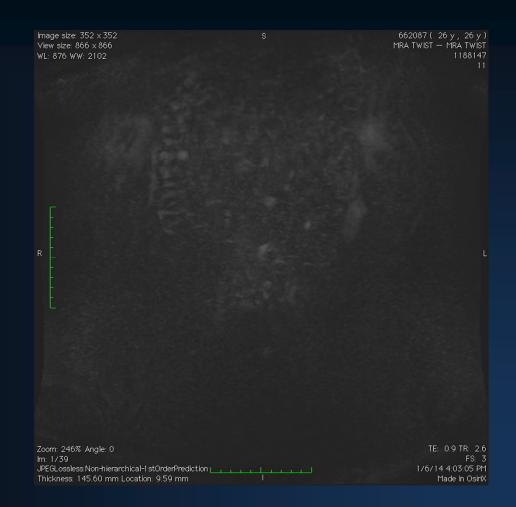




Clinical Vignette

26 year old female with chronic pelvic pain

- No significant past medical history
- Pain increased with standing for long periods
- Pain is moderate following intercourse, worsened with standing
- Multiple stools per day



Epidemiology

10% of females will have "reflux" physiology (PVI) *

Up to 59% with PVI will have symptomatology

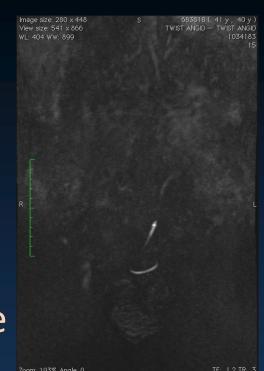
Variable "penetrance" likely due to overlapping Sx

Multiparous > Nulliparous

* Belenky et al. Ovarian Varices in Healthy Female Kidney Donors AJR:179, 9/2002

(Patho) Physiology

Gonadal (Ovarian) Vein Valve Failure Prior ovarian vein thrombosis Increased exposure to hormones Dilatation of the vein 2/2 gravid state Nutcracker syndrome Retro-aortic left renal vein



 Zoom: 193% Angle: 0
 TE: 1.2 TR: 3

 Im: 1/19
 FS: 1.5

 JPEGLosslessNon-hierarchical-1stOrderPrediction, 11/13/12 10:48:24 AMI

 Thickness 119.60 mm Location: 41.86 mm

 Made In OsińX

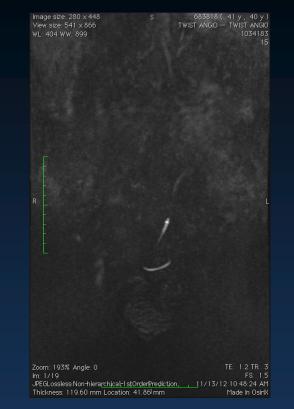


(Patho) Physiology

Gonadal (Ovarian) Vein Valve Failure

Venous Reflux Into Pelvic Varices

Pelvic Venous Cross-Filling



Inability to Re-Circulate Venous Blood From Pelvis



Diagnosis

History and Physical Examination

Visual Analog Scale

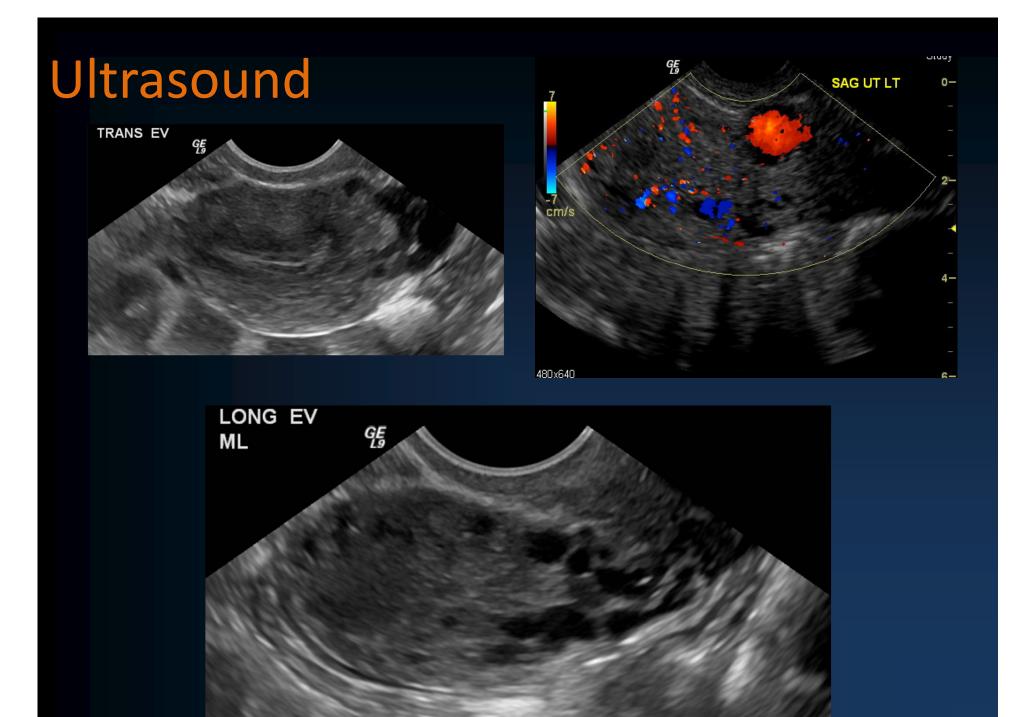
Ultrasound

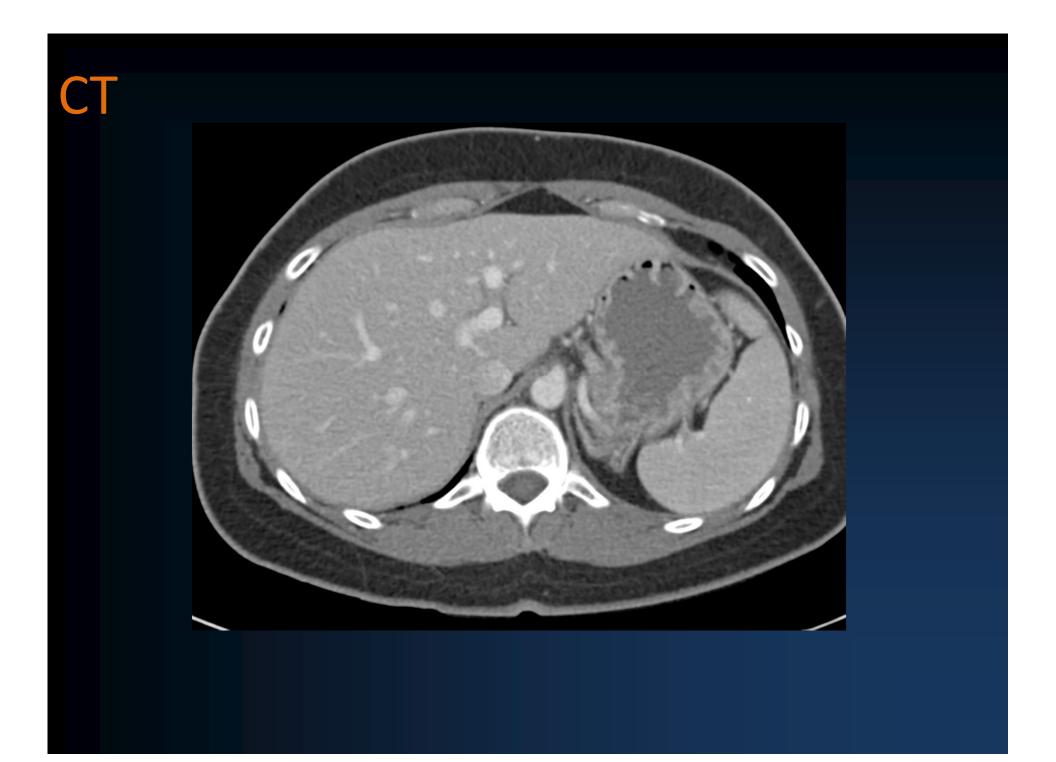
CT

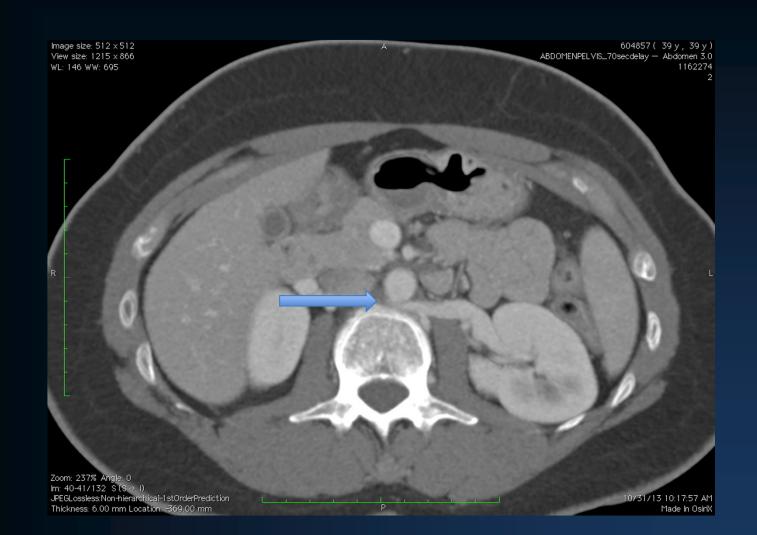
MRI – With Contrast

Diagnostic Venography

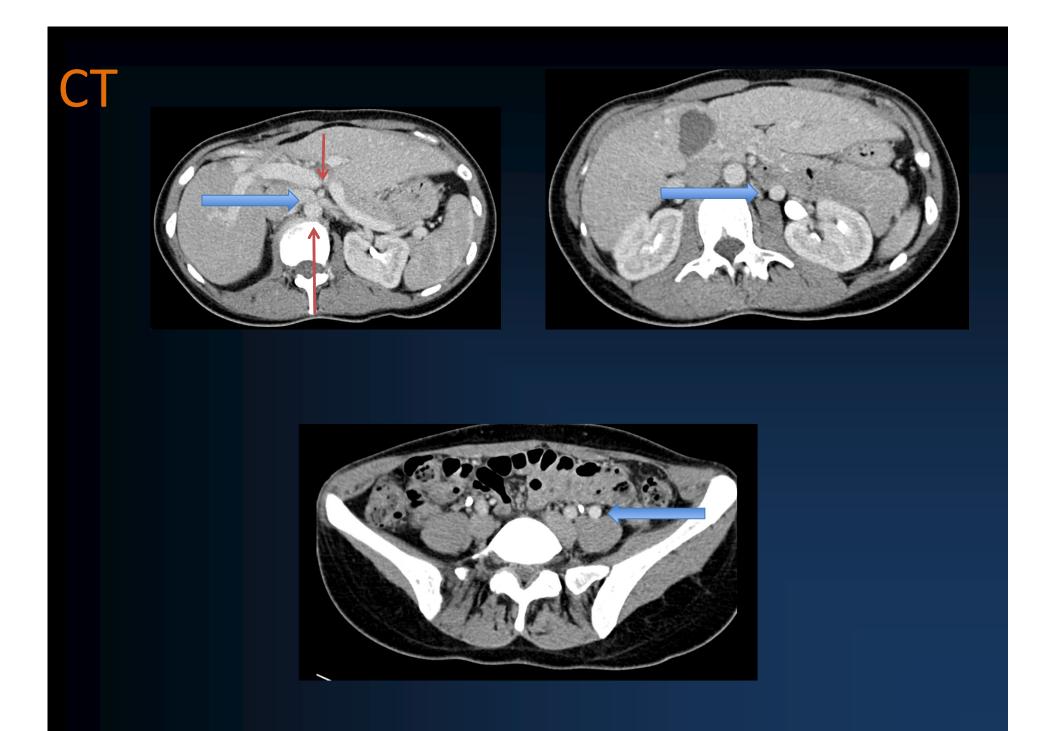
Chronic Pelvic Pain Questionnaire: A score of 0 = no pain and 10 = extreme pain										
How intense is your overall pain?										
	I 1									
How intense is your pelvic pain while lying down?										
	I 1									
How intense is your pelvic pain while standing?										
1 0] 1	-I 2	I 3	-I 4	-I 5	-I 6	-1 7	8		I 10
How intense is the pain in your leg(s) while lying down?										
	I 1									
How intense is the pain in your leg(s) while standing?										
I	I	-!	I	-1	I	-1			-1	
0	1	2	3	4	5	6	7	8	9	10
How intense is the pain in your leg(s) with menstruation?										
I	I	-I		-1		-I	-]		-l	I
0	1	2	3	4	5	6	7	8	9.	10
How intense is the pain during following intercourse?										
1	I	I]	-1	-I	-I	-1			I
0	1	2	3	4	5	6	7	.8	9	10
Do you have the urge to urinate more frequently than usual?										
I	1		I	-I		-1	-J	I	I	I
0	1	2	3	4	5	6	7	8	9	10
Do you take pain medications on a regular basis? (0 = no, 10 = daily)										
I	[I	-I		-I	-]		-I	I
0	1	2	3	4	5	6	7	8	9	10

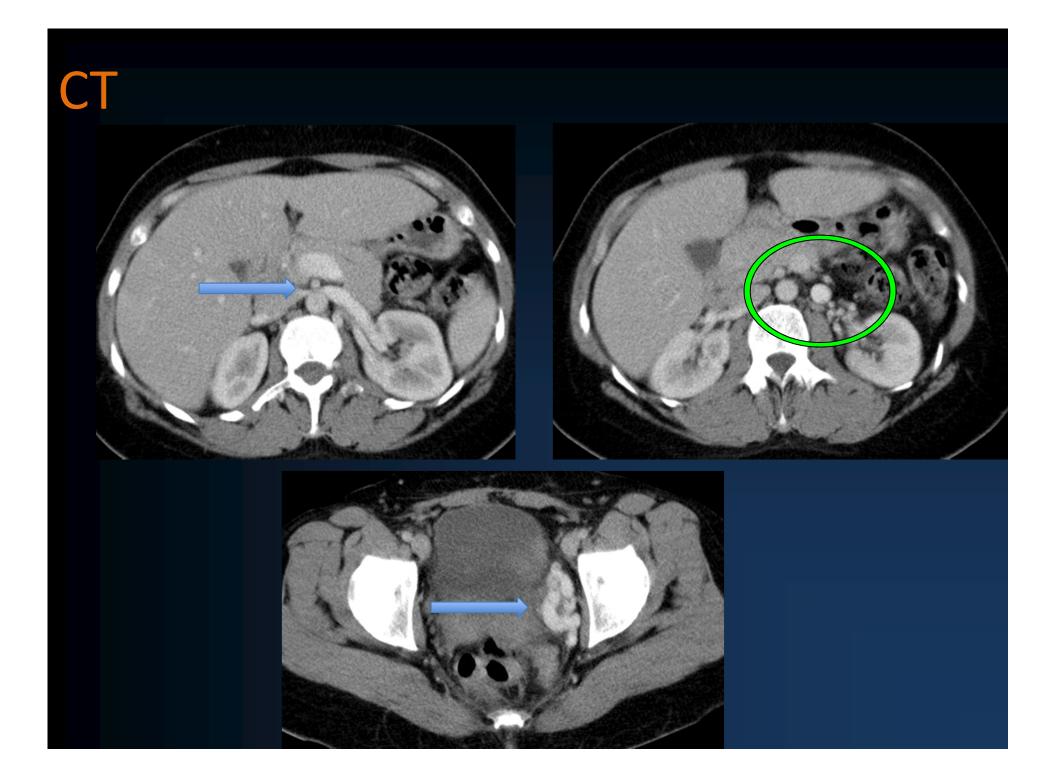




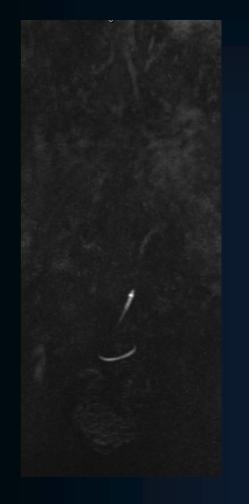


CT



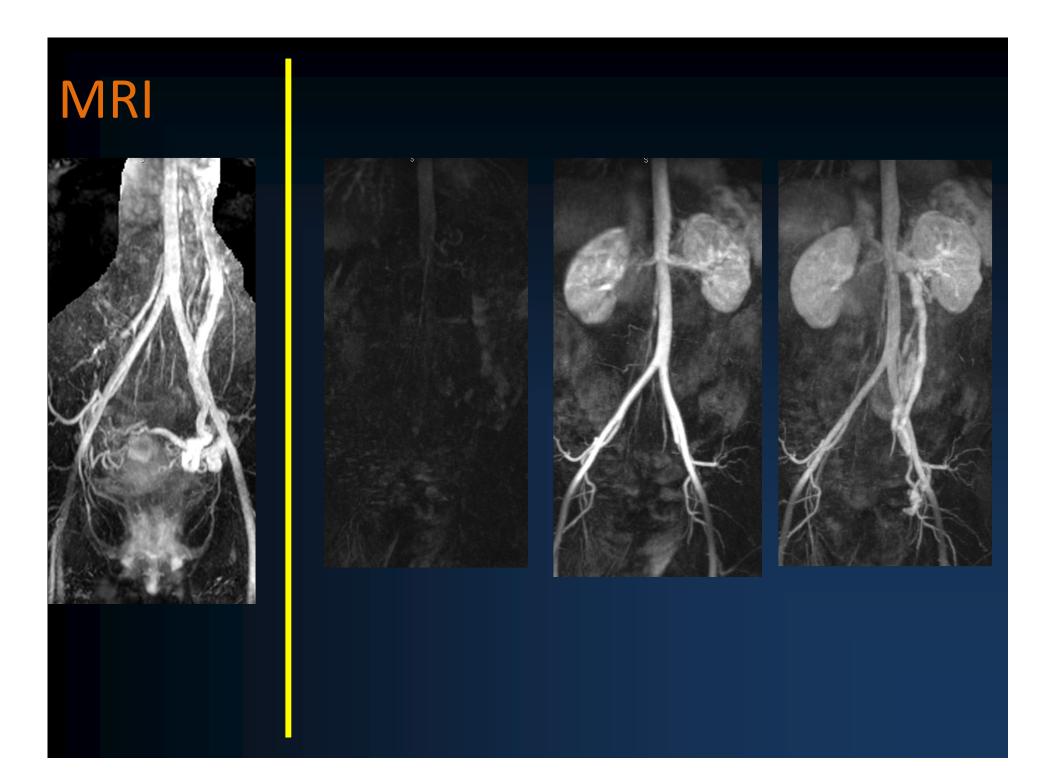


MRI

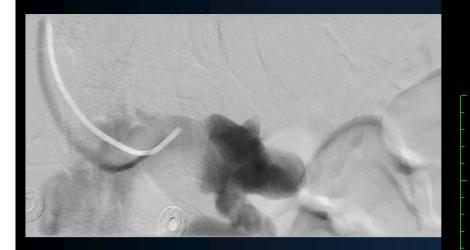






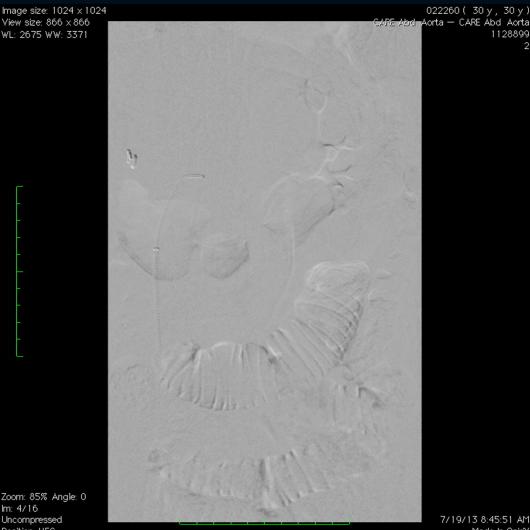


Digital Subtraction Venography



Zoom: 85% Angle: 0 lm: 4/16 Uncompressed Position: HFS

WL: 2675 WW: 3371



1128899

7/19/13 8:45:51 AM Made In OsiriX

Digital Subtraction Venography

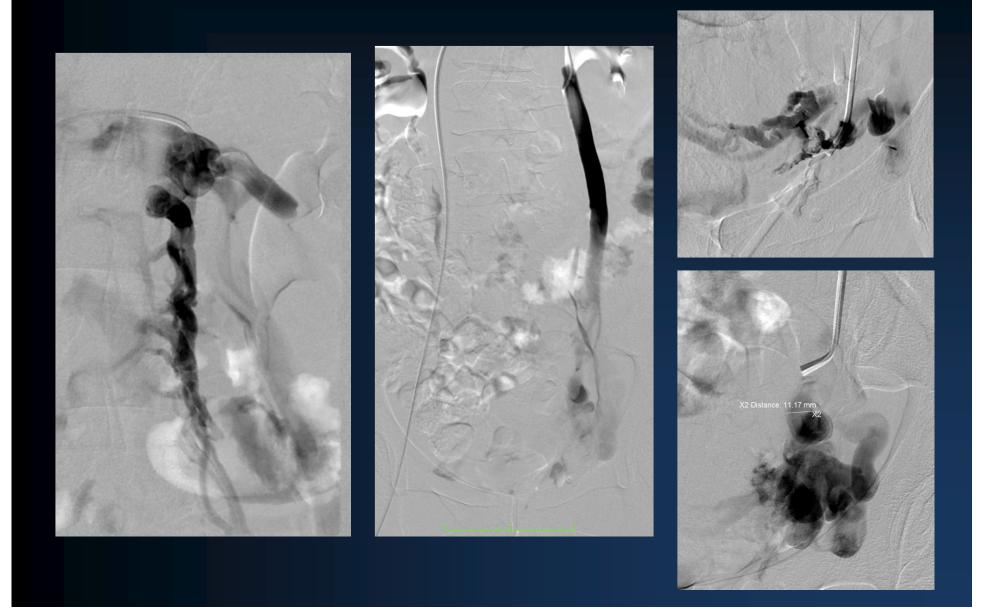






mm 02.6 :ea

Digital Subtraction Venography



Treatment - Options

No treatment

Hormone Modulation

Pelvic Varix Transcatheter Sclerosant Therapy

Gonadal Vein Coil Embolization

Direct Stick Perineal / Vulvar Sclerosant Therapy

Retroperitoneal Dissection / Vein Ligation

Hysterectomy



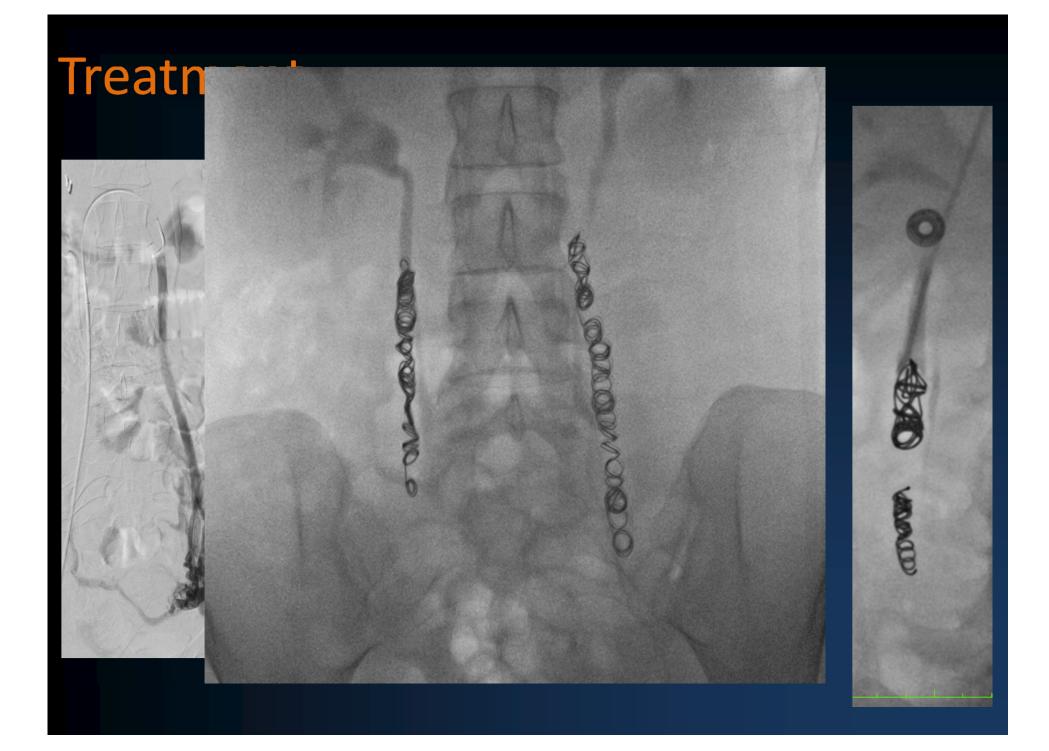
Treatment – Procedure

Pre-treatment: Abx, Antiemetic, Steroids

Procedural: Sedative/Hypnotic, Pain Relief

Post Procedural: Steroids, Abx, Antiemetic

Good Technique = Complication Prevention



Outcomes

Technical Success: Nears 100%

Symptomatic Relief: > 80% No Significant change: 13% Worsened Symptoms: 4%

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