



# WyoPOLST

## Providers Orders for Life Sustaining Treatment

HIPAA PERMITS DISCLOSURE TO HEALTHCARE PROFESSIONALS AS NECESSARY FOR TREATMENT

**FIRST** follow these orders, **THEN** contact the Physician, Nurse Practitioner or PA-C. This is a Provider Order Sheet based on the person's current medical condition and wishes. Any section not completed implies full treatment for that section. Every patient shall be treated with dignity and respect.

Last Name/First Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Last 4 SSN: \_\_\_\_\_

Gender: \_\_\_\_\_

\_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_\_ \_

M / F

### A

Check One

**CARDIOPULMONARY RESUSCITATION (CPR):** Person has no pulse and is not breathing.

CPR / Attempt Resuscitation

DNR / Do Not Attempt Resuscitation (Allow Natural Death)

When NOT in cardiopulmonary arrest, follow orders in **B and C**

### B

Check One

**MEDICAL INTERVENTIONS:** Person has pulse and/or is breathing.

**FULL TREATMENT:** Use intubation, advanced airway interventions, mechanical ventilation and defibrillation/cardioversion as indicated. Includes care described below.

*Transfer to hospital if indicated. Includes intensive care.*

**SELECTIVE TREATMENT:** Use medical treatment, IV fluids, and cardiac monitor as indicated. Do not use intubation or mechanical ventilation. May use less invasive airway support (e.g. CPAP, BIPAP). Includes treatments listed below. Includes care described below.

*Transfer to hospital if indicated. Avoid intensive care if possible.*

**COMFORT-FOCUSED THERAPY:** Use medication by any route, positioning, wound care and other measures to relieve pain and suffering. Use oxygen, oral suction and manual treatment of airway obstruction as needed for comfort.

*Patient prefers no transfer: EMS contact medical control if transport indicated to provide adequate comfort.*

*Additional Orders (e.g. dialysis, etc) \_\_\_\_\_*

### C

Check One

**ARTIFICIALLY ADMINISTERED NUTRITION:** Oral fluids and nutrition must always be offered if medically feasible.

Long-term artificial nutrition by tube

Trial period of artificial nutrition by tube

No artificial nutrition by tube

*Additional Orders/Patient Goals: \_\_\_\_\_*

### D

**MEDICAL CONDITION / PATIENT GOALS:**

### E

**SIGNATURES:** The signatures below verify that these orders are consistent with the patient's medical condition, known preferences, and best known information.

**Discussed with:**

Patient

Parent of a minor

Legal Guardian

Health Care Agent (DPOAHC)

Spouse

Other: \_\_\_\_\_

Print Physician / NP / PA Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Physician / NP / PA Signature (mandatory) \_\_\_\_\_

Date: (mandatory) \_\_\_\_\_

Patient (or Legal Representative) (mandatory) \_\_\_\_\_

Date: \_\_\_\_\_

**SEND ORIGINAL FORM WITH PERSON WHENEVER TRANSFERRED OR DISCHARGED**

HIPAA PERMITS DISCLOSURE TO HEALTHCARE PROFESSIONALS AS NECESSARY FOR TREATMENT

## WyoPOLST – Providers Orders for Life Sustaining Treatment

Patient Name (Last, First Middle)	Date of Birth:	Gender:
<b>Additional Contact Information (optional)</b>		
Name of Next of Kin, Guardian, Surrogate, or Patient Contact:	Relationship:	Phone Number:
Patient has: <input type="checkbox"/> Advanced Directive (or Living Will) <input type="checkbox"/> DPOAHC <input type="checkbox"/> Organ Donor	<b>Encourage all advance care planning documents to accompany POLST</b>	

### Directions for Health Care Professional

#### Completing POLST

- Completion of POLST form is VOLUNTARY
- Must be completed by Wyoming Licensed Health Care Professional based on patient preferences and medical indications.
- POLST must be signed by a licensed provider and the patient/decisionmaker to be valid. Verbal orders are acceptable with follow-up signature by licensed provider in accordance with facility/community policy.
- Use of original form is strongly encouraged. Original form should be printed on yellow card-stock, and original form should accompany patient. Photocopies and FAXes of signed POLST forms are legal and valid.

#### Using POLST

- Any incomplete section of POLST implies full treatment for that section.

##### Section A:

- No defibrillator (including AED) should be used on a person who has chosen “Do Not Attempt Resuscitation.”

##### Section B:

- Comfort-Focused therapies must always be offered to any patient regardless of level of care selected.
- When comfort cannot be achieved in the current setting, the person, including someone with “Comfort Focused Therapy” should be transferred to a setting able to provide comfort (e.g., treatment of a hip fracture).
- IV medication to enhance comfort may be appropriate for a person who has chosen “Comfort Focused Therapy”
- Non-invasive airway techniques includes continuous positive airway pressure (CPAP), bi-level positive airway pressure (BiPAP), and bag valve mask (BVM) assisted respirations.
- Treatment of dehydration prolongs life. A person who desires IV fluids should indicate “Selective Treatment” or “Full Treatment.”

##### Section C:

- Oral fluids and nutrition must always be offered if medically feasible.

#### Reviewing POLST

It is recommended that POLST be reviewed periodically. Review is recommended when:

- The person is transferred from one care setting or care level to another, or
- There is a substantial change in the person’s health status, or
- The person’s treatment preferences change.

#### Modifying and Voiding POLST

- A person with capacity can, at any time, void the POLST form or change his/her mind about his/her treatment preferences by executing a verbal or written advance directive or a new POLST form.
- To void POLST, draw a line through Sections A through D and write “VOID” in large letters. Sign and date this line.

#### Review of POLST:

Review Date	Reviewer Name/Signature	Reason for Review	Review Outcome
		<input type="checkbox"/> Change in Patient Status <input type="checkbox"/> Transfer <input type="checkbox"/> Annual Review	<input type="checkbox"/> No Change <input type="checkbox"/> Form Voided <input type="checkbox"/> New Form Completed
		<input type="checkbox"/> Change in Patient Status <input type="checkbox"/> Transfer <input type="checkbox"/> Annual Review	<input type="checkbox"/> Change in Patient Status <input type="checkbox"/> Transfer <input type="checkbox"/> Annual Review

Use of original form is strongly encouraged, however photocopies and faxes of signed POLST forms are legal and valid.